

# CR Longdation Cross Bay Run Carnival 2026

Date: 22/03/2026

## 5公里企業組隊際 5km Corporate Run (Team)

Rank	Bib	Name	姓名	TeamName	Gender	TeamTime Bonus	Official Time_Bonus	OfficialTime
1	7005	Lam Sze Man	林思敏	UC Team B	Female	1:37:57	0:17:23	0:19:53
1	7002	Lam Kwai	林貴	UC Team B	Male	1:37:57	0:22:05	0:22:05
1	7001	Lee Ho Yin	李浩然	UC Team B	Male	1:37:57	0:27:08	0:27:08
1	7003	Ling Wai Ho Micheal	凌偉豪	UC Team B	Male	1:37:57	0:31:21	0:31:21
1	7004	Wong Ka Sing	黃家成	UC Team B	Male	1:37:57	0:32:04	0:32:04
2	7028	Ho Sam	何兆东	中国石油国际事业(香港)有限公司	Male	1:38:46	0:22:55	0:22:55
2	7030	Chan Katy	陈嘉而	中国石油国际事业(香港)有限公司	Female	1:38:46	0:23:39	0:26:09
2	7027	li bo	李渤	中国石油国际事业(香港)有限公司	Male	1:38:46	0:24:00	0:24:00
2	7029	Chiu Ka Lo	赵嘉璐	中国石油国际事业(香港)有限公司	Female	1:38:46	0:28:12	0:30:42
2	7026	Terry Yang	杨昌泰	中国石油国际事业(香港)有限公司	Male	1:38:46	0:28:37	0:28:37
3	7050	Sin Man Ho		FFF	Male	1:39:58	0:24:09	0:24:09
3	7049	Ng Pui Lam		FFF	Female	1:39:58	0:24:12	0:26:42
3	7048	Man Ka Ho		FFF	Male	1:39:58	0:25:37	0:25:37
3	7046	Chan Kai Hoo Howard		FFF	Male	1:39:58	0:26:00	0:26:00
3	7047	Lam Kwan Yau Kenny		FFF	Male	1:39:58	0:29:42	0:29:42
4	7093	LUO Xia	罗夏	银河国际	Female	1:42:23	0:22:35	0:25:05
4	7092	CHAN KA HO	陳嘉豪	银河国际	Male	1:42:23	0:24:14	0:24:14
4	7094	Lui Lok Ming	雷烙銘	银河国际	Male	1:42:23	0:24:14	0:24:14
4	7095	PAN YANGYANG	潘揚洋	银河国际	Male	1:42:23	0:31:19	0:31:19
4	7091	XIAN XING CHI	鮮幸池	银河国际	Male	1:42:23	0:36:50	0:36:50
5	7018	Ip Wing Yan	葉詠昕	Sino Group	Female	1:43:19	0:24:41	0:27:11
5	7019	Tse Lok Hei Michelle	謝樂熙	Sino Group	Female	1:43:19	0:25:03	0:27:33
5	7017	YUEN Kar Fai	袁家輝	Sino Group	Male	1:43:19	0:26:25	0:26:25
5	7016	Wong Jeffrey	黃正行	Sino Group	Male	1:43:19	0:27:11	0:27:11
5	7020	Yip Yuk Yee	葉玉儀	Sino Group	Female	1:43:19	0:32:49	0:35:19
6	7125	XIE Sidney	谢颂阳	晓日春晖&香港中国金融协会跑团向阳战队	Male	1:48:26	0:26:00	0:26:00
6	7123	CHEN Amanda	陈翠欣	晓日春晖&香港中国金融协会跑团向阳战队	Female	1:48:26	0:26:52	0:29:22
6	7122	HUANG Miko	黄晨霞	晓日春晖&香港中国金融协会跑团向阳战队	Female	1:48:26	0:27:11	0:29:41
6	7124	CHEN Alex	陈建成	晓日春晖&香港中国金融协会跑团向阳战队	Male	1:48:26	0:28:23	0:28:23
6	7121	FU Shirley	符又澄	晓日春晖&香港中国金融协会跑团向阳战队	Female	1:48:26	0:37:50	0:40:20
7	7114	kong hao	孔浩	晓日春晖&香港中国金融协会跑团战队	Male	1:49:10	0:20:35	0:20:35
7	7113	Huan Rui	郇锐	晓日春晖&香港中国金融协会跑团战队	Male	1:49:10	0:23:39	0:23:39
7	7115	zhao Simon	趙澈	晓日春晖&香港中国金融协会跑团战队	Male	1:49:10	0:32:28	0:32:28
7	7111	He Herbert	贺清奇	晓日春晖&香港中国金融协会跑团战队	Male	1:49:10	0:32:28	0:32:28
7	7112	Li Sun	孙立	晓日春晖&香港中国金融协会跑团战队	Male	1:49:10	0:40:54	0:40:54
8	7033	WONG TOM	王健忠	中原義工隊	Male	1:49:39	0:24:52	0:24:52
8	7032	TO JONE	杜中樞	中原義工隊	Male	1:49:39	0:27:11	0:27:11
8	7031	HO ERIC	何俊傑	中原義工隊	Male	1:49:39	0:28:46	0:28:46
8	7034	WONG CAROLINE	黃觀嫻	中原義工隊	Female	1:49:39	0:28:51	0:31:21
8	7035	WONG DAISY	黃群宋	中原義工隊	Female	1:49:39	0:29:55	0:32:25
9	7133	XU DI	许迪	香港中国金融协会跑团二队	Male	1:52:02	0:22:30	0:22:30
9	7134	zhang jialin	张佳林	香港中国金融协会跑团二队	Male	1:52:02	0:27:25	0:27:25
9	7131	zhao jiang	赵江	香港中国金融协会跑团二队	Female	1:52:02	0:29:59	0:32:29
9	7135	TSE DANIEL	谢进鹏	香港中国金融协会跑团二队	Male	1:52:02	0:32:08	0:32:08
9	7132	xie chao	谢潮	香港中国金融协会跑团二队	Male	1:52:02	0:32:12	0:32:12

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Rank	Bib	Name	姓名	TeamName	Gender	TeamTime Bonus	Official Time_Bonus	OfficialTime
10	7085	Zhang Shumin	张淑敏	華物追風者	Female	1:52:18	0:24:19	0:26:49
10	7084	LI KAI SHING	李繼成	華物追風者	Male	1:52:18	0:25:00	0:25:00
10	7081	NG WAI KWAN	伍偉坤	華物追風者	Male	1:52:18	0:28:33	0:28:33
10	7083	LAI SHEUNG SHING SAMSON	黎尚承	華物追風者	Male	1:52:18	0:34:27	0:34:27
10	7082	CHEUNG FU ON	張富安	華物追風者	Male	1:52:18	0:37:46	0:37:46
11	7120	ZOU YANG	邹扬	腾飞步伐队	Male	1:52:54	0:23:18	0:23:18
11	7119	LIU DAWEI	刘大伟	腾飞步伐队	Male	1:52:54	0:26:36	0:26:36
11	7117	CHEN DONGXIA	陈东霞	腾飞步伐队	Female	1:52:54	0:27:16	0:29:46
11	7116	NA NA		腾飞步伐队	NA	1:52:54	0:35:44	0:35:44
11	7118	XIE JING	谢婧	腾飞步伐队	Female	1:52:54		
12	7096	Tang Kwan Tseuk		順豐一隊	Male	1:55:26	0:25:51	0:25:51
12	7099	HUANG Chao ming		順豐一隊	Male	1:55:26	0:26:51	0:26:51
12	7098	Yueng YIK SAU		順豐一隊	Male	1:55:26	0:31:22	0:31:22
12	7097	NG TAK WA		順豐一隊	Male	1:55:26	0:31:22	0:31:22
12	7100	NA NA	NA	順豐一隊	NA	1:55:26		
13	7015	Lee Yuen Yan Kathy		Colliers	Female	1:59:21	0:27:55	0:30:25
13	7013	LEUNG CHUN FUNG		Colliers	Male	1:59:21	0:30:08	0:30:08
13	7012	Ho Kin Yin		Colliers	Male	1:59:21	0:30:13	0:30:13
13	7011	Wong Stanley		Colliers	Male	1:59:21	0:31:05	0:31:05
13	7014	Ho Tsz Kwan Carcy		Colliers	Female	1:59:21	0:34:09	0:36:39
14	7062	NG WAI FAI		SF Express	Male	1:59:34	0:21:39	0:21:39
14	7063	Wong Ka keung		SF Express	Male	1:59:34	0:23:15	0:23:15
14	7061	Yu Yuk man		SF Express	Male	1:59:34	0:29:14	0:29:14
14	7064	Yeung Ka Ka		SF Express	Female	1:59:34	0:45:26	0:47:56
14	7065	NA NA	NA	SF Express	NA	1:59:34		
15	7151	Zhai Pu	翟普	晓日春晖欢乐跑	Male	1:59:46	0:24:46	0:24:46
15	7155	NA Na		晓日春晖欢乐跑	NA	1:59:46	0:24:53	0:24:53
15	7152	Wang Hong	汪洪	晓日春晖欢乐跑	Male	1:59:46	0:29:13	0:29:13
15	7153	Guo Sean	郭校良	晓日春晖欢乐跑	Male	1:59:46	0:40:54	0:40:54
15	7154	Tang Yubo	唐瑜伯	晓日春晖欢乐跑	Male	1:59:46	0:40:55	0:40:55
16	7025	Wong Tsz Lam	黃芷琳	跑到甩鞋	Female	2:01:29	0:26:54	0:29:24
16	7021	Chau Man Kit	周文傑	跑到甩鞋	Male	2:01:29	0:29:08	0:29:08
16	7022	Man Ching Ha	文清霞	跑到甩鞋	Female	2:01:29	0:32:31	0:35:01
16	7023	Ng Kit Yee	吳潔儀	跑到甩鞋	Female	2:01:29	0:32:56	0:35:26
16	7024	To Wing Lam	涂穎琳	跑到甩鞋	Female	2:01:29	0:33:41	0:36:11
17	7069	Jiang xinru	蔣欣茹	中藝	Female	2:05:31	0:27:57	0:30:27
17	7067	CHAN WAI MING	陳偉明	中藝	Male	2:05:31	0:28:17	0:28:17
17	7068	JIN XIAO TING	金曉婷	中藝	Female	2:05:31	0:32:00	0:34:30
17	7066	TSE Glen Ellen	謝承汝	中藝	Female	2:05:31	0:37:17	0:39:47
17	7070	KE JIALIANG	柯嘉梁	中藝	Male	2:05:31		
18	7008	See Thomas		一太FIT馬	Male	2:08:01	0:29:59	0:29:59
18	7007	Lau Roy		一太FIT馬	Male	2:08:01	0:31:58	0:31:58
18	7006	Hung Ken		一太FIT馬	Male	2:08:01	0:32:06	0:32:06
18	7009	Shiu Randy		一太FIT馬	Male	2:08:01	0:33:59	0:33:59
18	7010	Leung Fiona		一太FIT馬	Female	2:08:01	0:36:01	0:38:31

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19	7043	IP CHEUK MAN		PROPWISER	Male	2:11:02	0:28:20	0:28:20
19	7041	CHAN YIU SING		PROPWISER	Male	2:11:02	0:32:29	0:32:29
19	7042	CHEUNG HON KIN		PROPWISER	Male	2:11:02	0:32:38	0:32:38
19	7044	WONG CHUN CHUNG		PROPWISER	Male	2:11:02	0:37:36	0:37:36
19	7045	HO WING YI		PROPWISER	Female	2:11:02	0:38:32	0:41:02
20	7089	YANG MAOSHENG		資管平台跑團	Male	2:12:30	0:28:29	0:28:29
20	7087	Chen Yuen Ping Carol		資管平台跑團	Female	2:12:30	0:32:00	0:34:30
20	7086	NG Kin Sum		資管平台跑團	Male	2:12:30	0:34:30	0:34:30
20	7090	Chen Zhiwei		資管平台跑團	Male	2:12:30	0:37:30	0:37:30
20	7088	NG FaiYeung Eric		資管平台跑團	Male	2:12:30		
21	7074	Zhou Zhou		信达香港	Female	2:14:54	0:30:28	0:32:58
21	7073	Wang Christy		信达香港	Female	2:14:54	0:32:38	0:35:08
21	7075	Yu Chenrun		信达香港	Female	2:14:54	0:34:27	0:36:57
21	7071	Wang yaling		信达香港	Female	2:14:54	0:37:22	0:39:52
21	7072	Chen zhiwei		信达香港	Male	2:14:54	0:40:58	0:40:58
22	7107	Poon Ho Yin	潘浩然	五豐行	Male	2:18:52	0:28:40	0:28:40
22	7110	LO KA YEE	盧嘉儀	五豐行	Female	2:18:52	0:33:17	0:35:47
22	7108	Yang Runyu	杨润宇	五豐行	Male	2:18:52	0:35:47	0:35:47
22	7106	Ho Tin Hung	何天洪	五豐行	Male	2:18:52	0:41:08	0:41:08
22	7109	CHUNG CHIN TO	鍾展滔	五豐行	Male	2:18:52	0:41:08	0:41:08
23	7158	ZHANG BIN	张斌	中企协会1	Male	2:20:15	0:27:20	0:27:20
23	7159	ZHANG JITONG	张跻桐	中企协会1	Male	2:20:15	0:33:00	0:33:00
23	7157	ZHAO JUAN	赵娟	中企协会1	Female	2:20:15	0:37:23	0:39:53
23	7156	YU XIAO	于晓	中企协会1	Male	2:20:15	0:42:32	0:42:32
23	7160	LU YUE	路月	中企协会1	Female	2:20:15	0:42:34	0:45:04
24	7130	CHAN KEI SING	陳紀升	DBS	Male	2:20:16	0:20:43	0:20:43
24	7128	TSAI KA MAN	蔡嘉文	DBS	Female	2:20:16	0:38:23	0:40:53
24	7129	BAO YANFEI	包彦菲	DBS	Female	2:20:16	0:39:40	0:42:10
24	7127	PAK EMMA	白菀媚	DBS	Female	2:20:16	0:41:30	0:44:00
24	7126	YU LIANG	余良	DBS	Male	2:20:16	0:42:08	0:42:08
25	7105	Lo Tai Lung	盧泰龍	領先物管隊	Male	2:23:22	0:30:34	0:30:34
25	7103	Louie Wan Chee	呂韻芝	領先物管隊	Female	2:23:22	0:35:46	0:38:16
25	7104	Chan Chun Wai	陳駿瑋	領先物管隊	Male	2:23:22	0:37:23	0:37:23
25	7102	Lam Sing Chuen	林陞全	領先物管隊	Male	2:23:22	0:39:39	0:39:39
25	7101	Tsang Hin Man	曾憲文	領先物管隊	Male	2:23:22	0:41:19	0:41:19
26	7056	WONG LOI FAT THOMAS		picchk	Male	2:23:28	0:30:45	0:30:45
26	7058	Li Mei ying		picchk	Female	2:23:28	0:33:11	0:35:41
26	7057	FANG FANG	方方	picchk	Female	2:23:28	0:38:31	0:41:01
26	7059	Tse To Wai		picchk	Male	2:23:28	0:41:01	0:41:01
26	7060	NA NA	NA	picchk	NA	2:23:28		
27	7186	Ronald Tham		Link	Male	2:49:12	0:41:01	0:41:01
27	7187	Kwok Stanley		Link	Male	2:49:12	0:41:01	0:41:01
27	7188	Ng Calvin		Link	Male	2:49:12	0:41:02	0:41:02
27	7190	Chong Fannie		Link	Male	2:49:12	0:46:08	0:46:08
27	7189	Lo Katherine		Link	Male	2:49:12	0:46:08	0:46:08

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Rank	Bib	Name	姓名	TeamName	Gender	TeamTime Bonus	Official Time_Bonus	OfficialTime
28	7039	Tang Tsz Wang	鄧梓泓	Knight Frank	Male	2:53:33	0:42:57	0:42:57
28	7037	Lam Hiu Chun	林曉進	Knight Frank	Male	2:53:33	0:42:57	0:42:57
28	7038	Shen Qichao	沈期超	Knight Frank	Male	2:53:33	0:43:49	0:43:49
28	7036	Kim Jinwook	金鎮旭	Knight Frank	Male	2:53:33	0:43:49	0:43:49
28	7040			Knight Frank	NA	2:53:33		
29	7162	SUN XU	孙旭	中企协会2	Female	3:51:47	0:55:20	0:57:50
29	7161	CHEN XIAOLING	陈晓玲	中企协会2	Female	3:51:47	0:55:21	0:57:51
29	7165	YEUNG CHUN YU	杨春虞	中企协会2	Female	3:51:47	0:55:23	0:57:53
29	7164	CHEUNG MEI YAN	张美恩	中企协会2	Female	3:51:47	1:05:43	1:08:13
29	7163	TSANG FUNG YUEN	曾锋源	中企协会2	Male	3:51:47	1:08:09	1:08:09